



Geelong Interfaith Arson Forum

31 May 2016

Today's Agenda

1.30	Open	Warren Hutcheon, CEO Ansvar Insurance
1.40	Welcome	Rev Peter Martin, Chairperson, Geelong Interfaith Network
1.45	Session 1	
	Current situation	Insp Graham Banks, Local Area Commander - Vic Police
	Protective measures	Leading Senior Constable Andrew King , Public Safety Specialist – Victoria Police
	 Fire suppression and early detection 	Tony Field, Operations Officer - CFA
2.30	Session 2	
	Arson and arsonists	Jeff Maher , Retired Inspector Commander of Explosives and Arson Squad – Victoria Police
2.45	Session 3	
	 Psychosocial impacts of arson, counselling and support services 	Stuart Stuart, CEO, VCC Emergency Ministry
3.25	Session 4	
	Where to from here?	Christopher Hall, Risk Consultant, CCI
		Diana Borgmeyer, Head of Risk Solutions, Ansvar
3.45	Panel Session	
4.15	Wrap up	Ross Castle, General Manager – Client, Catholic Church Insurance
4.20 - 5.00	Networking and drinks	

2

Interfaith Arson Forum

WELCOME

Rev Peter Martin

Chair, Geelong Interfaith Network

Interfaith Arson Forum

Session 1

CURRENT SITUATION, PROTECTIVE MEASURES & EARLY DETECTION

Inspector Graham Banks

Local Area Commander - Victoria Police

Leading Senior Constable Andrew King

Public Safety Specialist – Victoria Police

Tony Field

Operations Officer – Country Fire Authority



Simple Measures to reduce the risk of arson – Leading Senior Constable Andrew KING

31st May 2016





The threat of a fire is perhaps one of the single greatest dangers to your house of worship

Though you cannot eliminate the risk of arson at your worship centre, there are some simple steps you can take to reduce its likelihood



Simple measures to reduce the risk of arson – Lights/Neighbours

- Maintain adequate exterior lighting to eliminate hiding places
- Use motion detection lights to alert neighbours of activity
- Put interior lighting on sequential timers to give the impression of occupancy and activity
- Ask neighbours to be involved in the security of your premises (NHW)

31st May 2016



Simple measures to reduce the risk of arson - Outside

- Trim or remove bushes and shrubs that restrict the natural observation of your house of worship and block the view of possible entries to your building
- Remove or store ladders or anything that might act as a ladder to gain entrance to your building – trim any tree branches that might allow access to your building
- Remove or secure and rocks or bricks that are in the grounds that could be used to force entry into your building
- Remove or secure any accelerants (EG: caretaker mowers etc) from inside and around your building



Simple measures to reduce the risk of arson – Secure Building

- Install Deadlocks or adequate locks to your buildings doors and windows as building codes and fire codes permit – now is a good time to stand back and review how secure your building is. CPTED – Crime Prevention through Environmental Design
- Keep all doors (Including interior offices and closets) locked when unattended
- Consider keeping a key register for the accountability of keys and consider changing locks periodically
- Secure the access to under your building access doors, missing base boards etc



Simple measures to reduce the risk of arson – Valuables/Neighbours

- Try to make sure valuable items are not visible from the outside
 in other words remove the temptation
- Establish a Neighbourhood Watch style program with you your community – extra eyes and ears
- Encourage the community to report suspicious activity etc to police by dialling 000 straight away – if it turns out to be nothing it doesn't matter.
- Engage with your community by inviting them to a church BBQ or Fete or similar



Simple measures to reduce the risk of arson – Consider

- Consider the installation of alarms and CCTV (Overt Signage) – but ensure that your monitoring company not only calls the responsible person from your congregation but calls 000 at the same time.
- Consider having a Security Company do patrols of your building at times when it is not occupied



Simple measures to reduce the risk of arson - Summary

- Securing the outside of your building will take away many opportunities for crime. If the exterior of your building offers enough of a deterrent, you can prevent yourself becoming a victim.
- Crime initially starts outside your building, dark car parks, can act as cover for an offender but can also leave your congregation members and visitors including their vehicles susceptible to a variety of crime.
- Criminal need to normally work out of sight or in darkness. You can deny them that cover easily with some planning and foresight.

Interfaith Arson Forum

Session 2

ARSON & ARSONISTS

Jeff Maher

Retired Inspector Commander of Explosives and Arson Squad – Victoria Police



Reducing Arsons in Schools

Peter Wilding F.I.Fire.E Adv Dip Fire Investigation

National Manager Fire Investigation & Arson Reduction







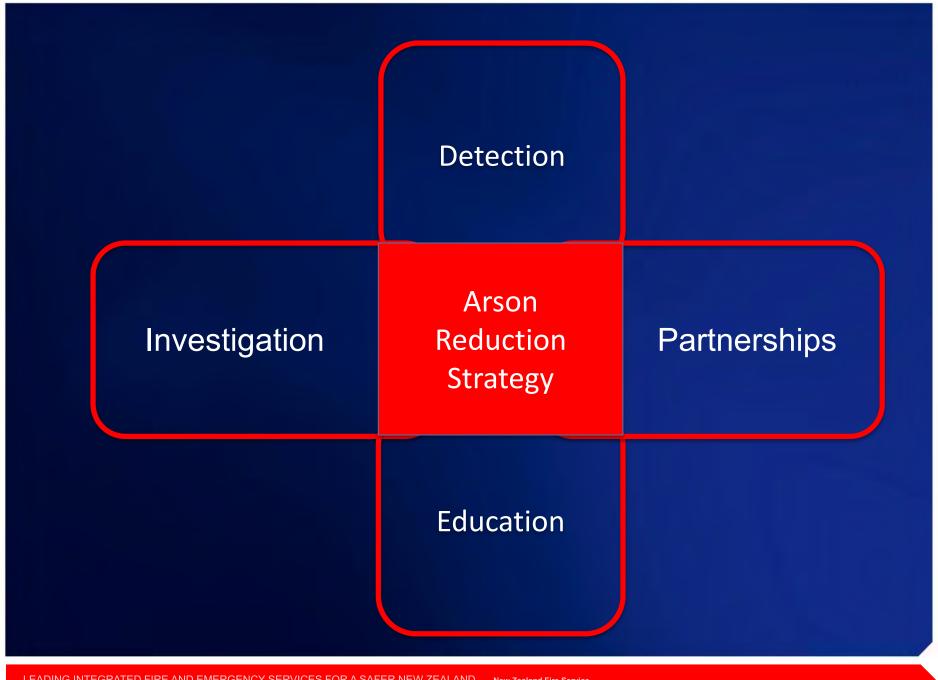
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NZ Police are responsible for:

- the protection of life and property;
- the prevention, detection, investigation and prosecution of offences;
- conducting investigations under the Coroners Act 2006.

In order to discharge these responsibilities, Police need the provision of an effective and independent fire investigation service. The Fire Service will provide an effective, independent fire investigation service to Police, thereby contributing to the protection of life and property, and the prevention, detection, investigation and prosecution of offences.



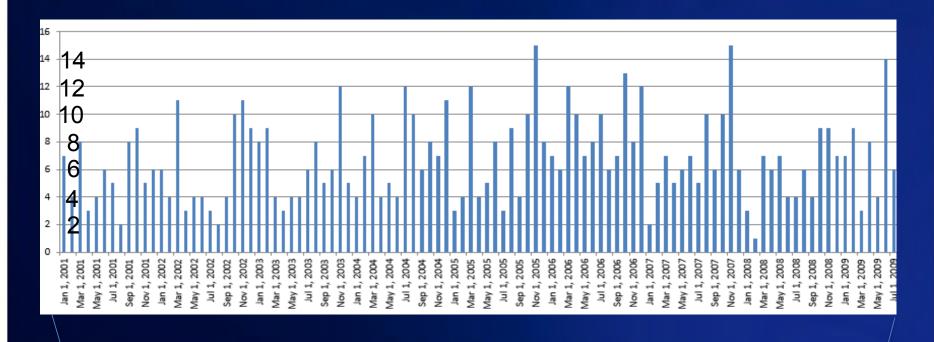






Detection

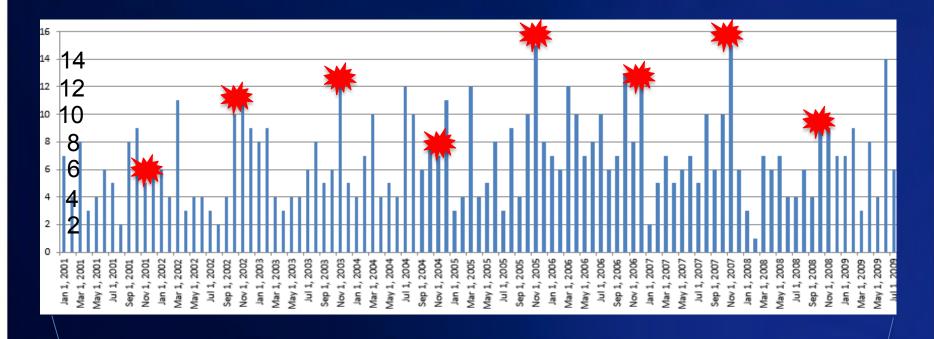
NZ School Fires



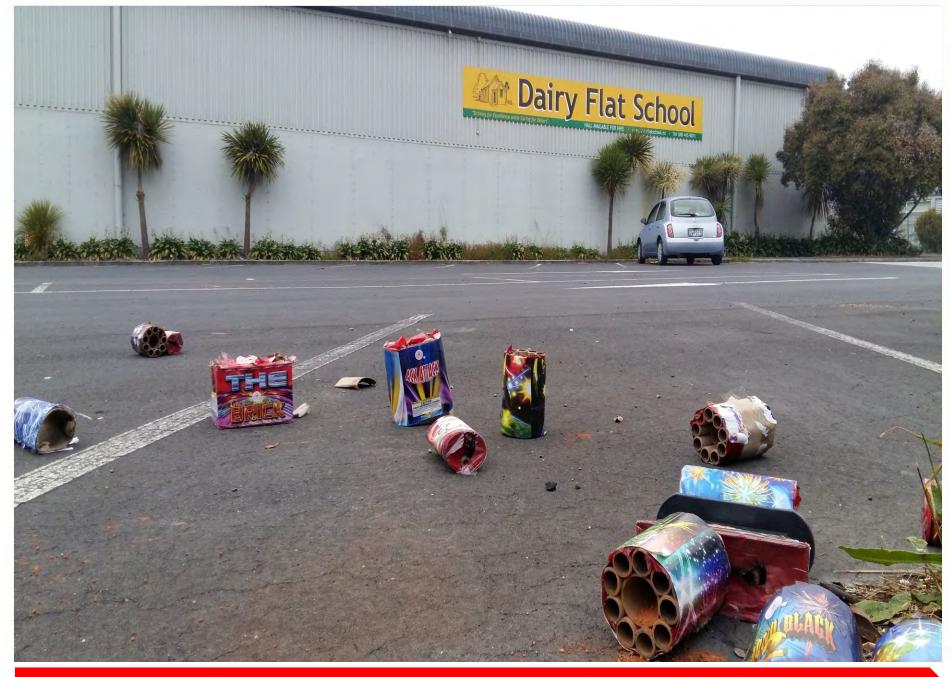
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Detection

NZ School Fires



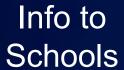
Jan 2001 May 2009



Partnerships

- Ministry of Education National Property Manager
- Police School Liaison
- NZ Principals Federation
- School Trustees Association







1 KEEP RUBBISH BINS AND SKIPS WELL AWAY FROM OUTSIDE WALLS

MINISTRY OF EDUCATION
TE TÂHUHU O TE MĂTAURANGA

ISSUE No. 38 | 19 OCTOBER 2015

Ministry Bulletin for SCHOOL LEADERS
He Pitopito Kōrero

жау

Five tips for reducing school arsons

TO SET FIRES

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4. INVOLVE THE COMMUNITY

Ask neighboursand parents to beep an eye on the school and report any files and serious vands from to Police immediately.

5. CONFRONT ALL FIRE-SETTING BEHAVIOUR, NO MATTER HOW SMALL

SCHOOLS OFTEN HAVE AS PATE OF SMALL FIRES ON THEIR GROUN IS BEFORE A MAJOR AREA HATTAGE.

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LEADING INTEGRATED FIRE AND EMERGENCY SERVICES

egnz/FA

Education

Child Ed. Programs



Get Firewise for Teachers

Kia ora and welcome to Get Firewise

It's arson season.

Schools are four times more likely to suffer an arson attack than commercial buildings. Follow these simple, inexpensive steps to improve fire safety and reduce your likelihood of arson.

The New Zealand Fire Service offers a range of fire-safety education resources for early childhood, k\u00f6hanga and 8 students:



Education

MEDIA

NEW ZEALAND FIRE SERVICE

Media Release

Immediate Publication 23 October 2009

The Fire Service is warning schools that they are entering 'arson season' and should be improve their fire safety.

Fire Service statistics show that the number of fires at schools almost double in the we November Guy Fawkes Day. This reflects children's heightened awareness of, and ac lighters and incendiaries.

Fire Investigation and Arson Reduction National Manager, Peter Wilding says "In gene four times more likely to be targeted by fire-setters than other buildings and sprinklers to limit the amount of fire damage. However, all schools can take simple, low-cost step safety and reduce likelihood of arson."

He is urging school principals to make sure all rubbish and recycling bins and skips are from outside walls and secured so they can't be moved. Loose rubbish should also b all combustibles safely locked away. All outside bins should be emptied daily, especial weekend.

If possible schools are also advised to install or improve their security lighting as the largest fires are set

fireworks season starts

Number of classroom fires nearly doubles in the weeks around Guy Hawkes Day

by Elizabeth Similing Principle of Par

Dismonths relight tagailty goods eate only bulleys but about a facility to officers to see Lean selled to a setteral claze de fee: at fly ot and by floor.

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Principal Jer ine Invine said a group of fractions were working and DAU : the simila. The early various rave them thre to extluyoff; the fig. histore sectour damage was come

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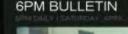
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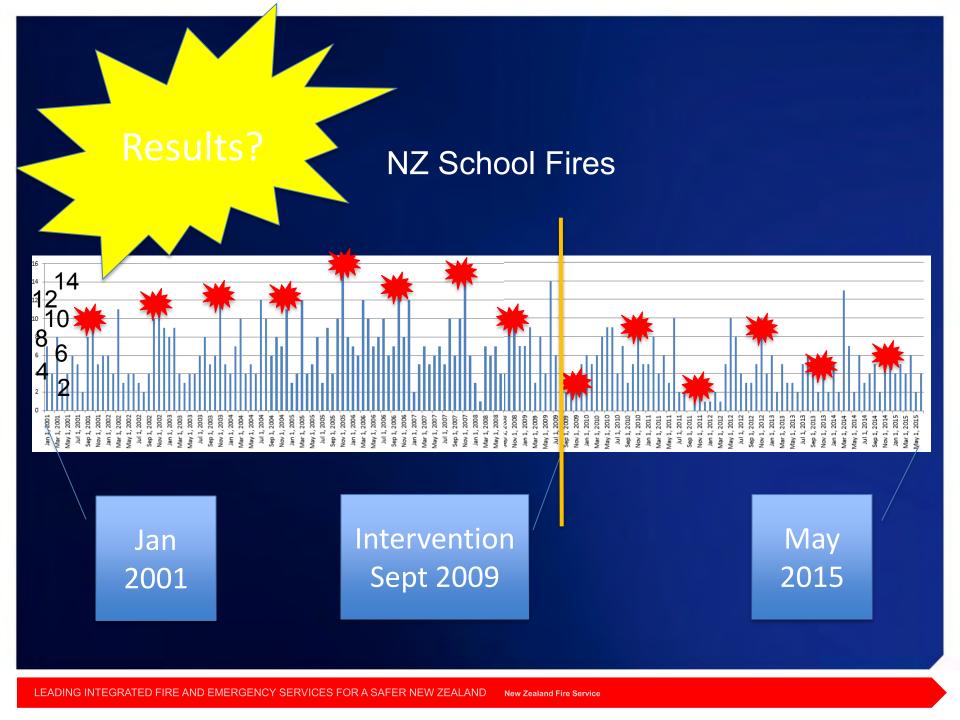
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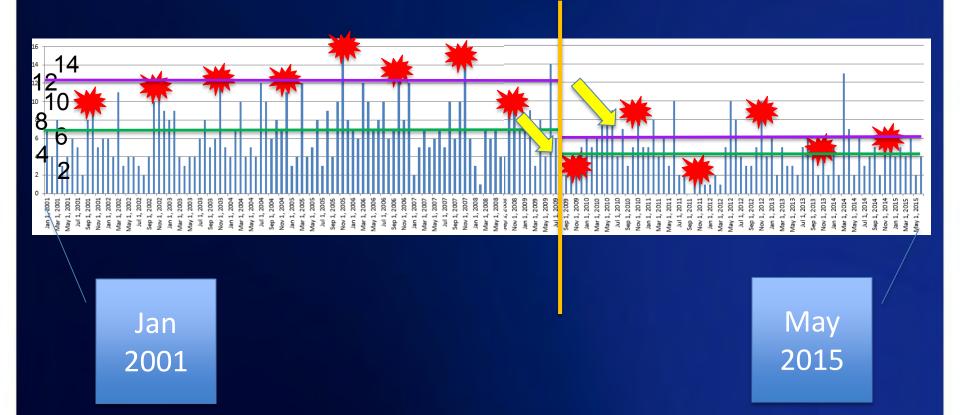
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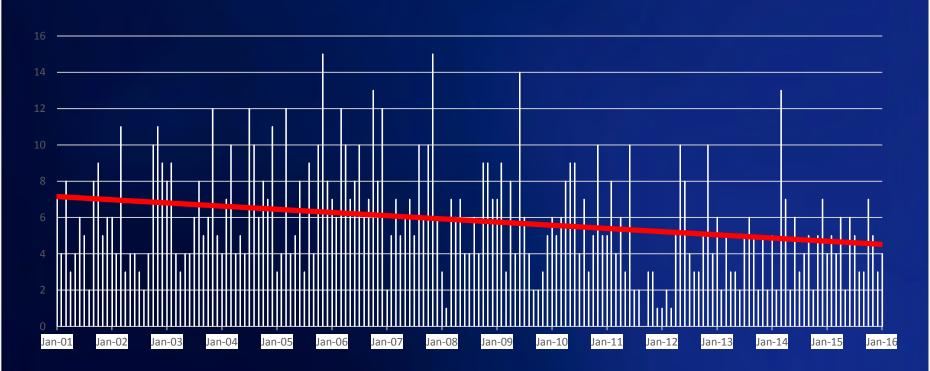








NZ School fires



Jan 2001

Mar 2016

School Surveys Pilot







NEW ZEALAND FIRE SERVICE

Bay of Plenty Coast

Fire Safety Survey Te Puke High School



Local File Number TUI

Report completed by: Jon Rewi

Dated 20 June 2015.

Learnings

- Arsons can be reduced
 - Aim for reduction, not prevention
- Solutions are often free/low cost and simple
- Interagency cooperation most effective
- Systematically apply an Arson Reduction model
 - Ad hoc solutions are less effective than working to a plan

Overview of fire investigation in NZFS Institution of Fire Engineers (UK) Feb '16. ed. Peter. Wilding @fire.org.nz

ternational

Thank you



Questions?

Interfaith Arson Forum

Session 3

PSYCHOSOCIAL IMPACTS OF ARSON

Stuart Stuart

Chief Executive Officer - Victorian Council of Churches Emergency Ministry



Psychosocial Reactions to Community Traumatic Events

ANSVAR – Geelong Interfaith Council 31st May 2016

Things to remember



- * It is normal to have strong reactions following a distressing or frightening event, but these should begin to reduce after a few weeks.
- * People can experience a range of physical, mental, emotional and behavioural reactions.
- * There are many things you can do to cope with and recover from trauma.
- * Seek professional help if you don't begin to return to normal after three or four weeks.

Trauma



trau·ma

- 1. A serious injury or shock to the body, as from violence or an accident.
- 2. An emotional wound or shock that creates substantial, lasting damage to the psychological development of a person, often leading to neurosis.
- 3. An event or situation that causes great distress and disruption.

Things to remember



Faith can be of great benefit in the emotional, psychological and spiritual recovery

However, very strong, narrow and fundamental views can enhance a persons traumatic experience.

The mind during trauma



- * During a distressing event, your mind may shift into high alert. Signs include that: pain, tiredness and emotions are ignored
- you are able to focus on details of the event
- * You feel ready, or even impatient, to deal with the event
- you have plenty of physical energy
- you have no thoughts beyond dealing with the experience
- * you have the ability to concentrate for as long as necessary.

Physical reactions to trauma



Traumatic stress can produce physical reactions including:

- fatigue or exhaustion
- disturbed sleep
- * nausea, vomiting and dizziness
- * nightmares
- * restlessness
- * headaches
- * excessive sweating
- * increased heart rate
- excessive alertness and being easily startled.

Mental reactions to trauma



It is common after distressing events to experience:

- * poor concentration and memory
- * mental images of the event and nightmares
- * intrusive thoughts
- * disorientation
- feelings of suspicion
- * inability to plan
- * confusion, forgetfulness and short attention span.

Emotional reactions to trauma



Everyone is different, but there are some common emotional reactions that most people experience when faced with an unexpected crisis. The typical response includes:

- fear, anxiety and panic
- shock difficulty believing in what has happened, feeling numb, detached and confused
- continuing alarm feeling like the danger is still there or the event is continuing
- distress reaction once the reality of the situation has sunk in, the state of high alert changes into an emotional reaction
- * let-down after the crisis is over, exhaustion may become obvious. Emotional reactions to the event are felt during the let-down phase, and include depression, avoidance, guilt, oversensitivity and withdrawal.

Behavioural reactions to trauma



Common behavioural reactions to trauma include:

- avoiding reminders of the event
- inability to stop focusing on it
- getting immersed in working for recovery
- losing touch with normal routines
- losing time the person doesn't know where the time went
- blaming others
- * changed appetite, such as eating a lot more or a lot less
- * turning to substances such as alcohol, cigarettes and coffee
- sleeping problems
- difficulty doing anything except familiar routines.

Making sense of the traumatic event



Once the distressing event is over, you may find yourself trying to make sense of the event. This can include thinking about:

- how and why it happened
- how and why you were involved
- why you feel the way you do
- whether feelings you now have reflect on what kind of person you are
- * whether the experience has changed your view on life, and how.

Coping with trauma



Suggestions to help sort things out include:

- * Talk over your thoughts and feelings with trusted loved ones.
- * If you don't feel like talking, consider keeping a journal of your thoughts and feelings.
- Try to keep to your normal routine.
- * Keep yourself occupied with social events or hobbies.
- Set aside time every day to relax.
- * Think about how your distress is expressed and try to come up with ways of helping it. For example, if your body feels tense and stiff, try exercise, relaxation therapy and massage.
- * Make time for fun and relaxation. Laughter is an antidote to distress.
- * Ask family, relatives and friends to help.
- * Give yourself time. Don't get frustrated if it seems to take longer than you'd hoped to reduce your level of distress. It always feels longer than we want.

Recovery from trauma



To help your recovery from trauma: Recognise that you have been through a distressing or frightening experience, and that you will have a reaction to it.

- * Accept that you will feel bad for a time, but that it will also eventually pass.
- * Remind yourself daily that you are coping don't be angry when you get upset.
- * Don't overuse alcohol or drugs to help you cope.
- * Avoid making major decisions or big life changes until you feel better.
- Gradually confront what has happened don't try to block it out.
- * Don't bottle up your feelings talk to someone who can support and understand you.
- * Try to keep to your normal routine and stay busy.

Recovery from trauma



- * Don't go out of your way to avoid certain places or activities. Don't let the trauma confine your life, but take your time to get back to normal.
- * When you feel exhausted, make sure you set aside time to rest.
- * Make time for regular exercise it helps cleanse your body and mind of tension.
- * Help your family and friends to help you by telling them what you need, such as time out or someone to talk to.
- * Relax use relaxation techniques such as, breathing or meditation, or do things you enjoy, such as listening to music or gardening.
- * Express your feelings as they arise talk to someone about your feelings or write them down.
- * When the trauma brings up memories or feelings, try to confront them. Think about them, then put them aside. If it brings up other past memories, try to keep them separate from the current problem and deal with them separately.

Seek professional help for trauma issues



Traumatic stress can cause very strong reactions in some people and may become chronic (ongoing). You should seek professional help if you: are unable to handle the intense feelings or physical sensations

- * don't have normal feelings, but continue to feel numb and empty
- feel that you are not beginning to return to normal after three or four weeks
- continue to have physical stress symptoms
- continue to have disturbed sleep or nightmares
- * have no one you can share your feelings with
- find that relationships with family and friends are suffering
- are becoming accident-prone and using more alcohol or drugs
- cannot return to work or manage responsibilities.

Things to remember



- * It is normal to have strong reactions following a distressing or frightening event, but these should begin to reduce after a few weeks.
- * People can experience a range of physical, mental, emotional and behavioural reactions.
- * There are many things you can do to cope with and recover from trauma.
- * Seek professional help if you don't begin to return to normal after three or four weeks.

If you need further support



Counselling and health advice

- * Telephone counselling services:
- * Lifeline phone 131 114 24-hour telephone service that offers confidential support and advice to deal with stress and personal challenges.
- * Beyondblue information line phone 1300 224 636 An information line that offers expert information on depression, how to recognise it, how to get help, how to help someone else and how to stay well.
- * Kids Helpline phone 1800 55 1800 Confidential telephone and online counselling service specifically for young people aged between 5 and 25.
- * Mensline phone 1300 789 978
 Telephone support, information and referral service, helping men to deal with relationship problems in a practical and effective way.
- Parentline phone 13 22 89
 Telephone counselling service for parents and carers of children aged from birth to eighteen years.

If you need further support



VCC Emergencies Ministry 9650 4511

Facebook: vccem

Twitter: vicemchaps

Interfaith Arson Forum

Session 4
RESOURCES
WHERE TO FROM HERE?

Christopher Hall

Risk Consultant - Catholic Church Insurance

Diana Borgmeyer

Head of Risk Solutions - Ansvar Insurance



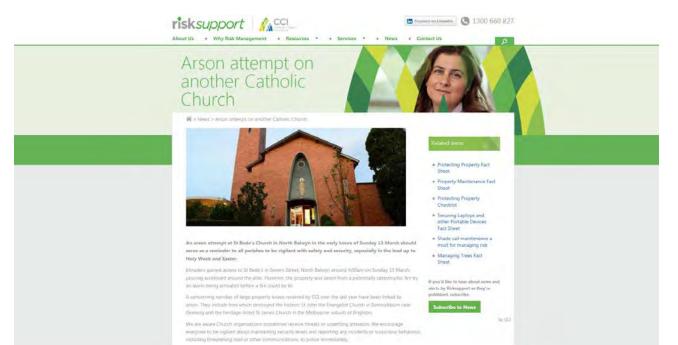
risksupport

Christopher Hall CCI Risk Consultant



What can Parishes do? Prevention works

- Arson attempt in March 2016;
- Intruders gained access to the Church at around 4:30am on Sunday morning;
- They poured accelerant around the altar;
- *The property was saved from a potentially catastrophic fire by an alarm being activated before a fire could be lit.



Resources which can help

Log onto www.risksupport.org.au

And receive practical guidance from CCI's

- Property Maintenance Fact Sheet
- Protecting Property Checklist





volunteers, students, parishioners and visitors. It's also important to note that property insurance policies generally do not cover damage resulting from gradual deterioration. In fact, failing to address basic maintenance issues may lead to the denial of all or part of an insurance claim. For example, it's possible an insurance claim to replace a storm-damaged roof could be denied if the damages were found to be the result of poor maintenance. Subsequent damage caused by the storm, such as water or debris entering the building through the roof might be covered.





Information for Brokers



1300 650 540









FIND A BROKER

MAKE A CLAIM

Personal Insurance

Protecting and supporting your community











Insurance for Care, Community, Faith, **Education and Heritage Organisations**

Ansvar is a specialist insurance company with a difference. When your broker partners with us, you not only get more than 50 years of experience in the Australian insurance market, but also industry experts that understand your organisation, along with a genuine desire to help with your specialist insurance

We offer insurance expertise in five core sectors:

Care

Our specialist teams understand the specific challenges your Care facilities face. Caring for those most at risk, in Child Care, Aged Care or Disability services carries unique risks. Ansvar can provide the protection you, your staff and those in your care need and deserve.

Community

We have specially tailored products and services to meet the unique needs of the Australian Community service and Not-for-Profit sector. Whether you require insurance for volunteers, General Public Liability insurance, or other specific cover at Ansvar we can help.

Faith

We are proud to be a leading insurer offering specialist solutions to the Australian Faith community. Our extensive history and in-depth knowledge of the complex nature of religious and Faith-based organisations enables us to provide the right solutions and support for your needs.

Education

Latest News

Education Forum Webcast

View the 'Emerging Risks in Care, Community and Not-for-Profit' on-demand webcast worth 2 CPD points here

New ISR and PA Products

View the refreshed products: Industrial Special Risk product and Personal Accident product.

Community Education **Program Grants**

Ansvar's 2016 CEP Grant program is now closed. Click here for more information.

Downloads, Factsheets, Resources

Follow Ansvar on social media:









Information for Brokers



FIND A BROKER



MAKE A CLAIM





Personal Insurance





Faith Insurance

Education Insurance

Heritage Insurance

Community Insurance

Risky Business

- > Understanding Your Risk
- > Policy Documents
- Our Products

- Our Segments
- Downloads, Worksheets & Resources
- Useful Tools



Downloads, Worksheets & Resources

You may find the below resources useful in the day to day running of your organisation.

White Papers:







Protect Your Place of Worship Understand, Manage and Reduce the Bisks of Sirso

Construction Hazards Know the risks....and take steps to mitigate them

Understand, Manage and Reduce the Risks of Arson

Construction Hazard White Paper

Protecting the vulnerable:

Early Childhood - Property Risk Management Manual

Sexual Abuse Cover - Occurrence v Claims Made

Sexual Abuse Factsheet

Latest News

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New ISR and PA Products

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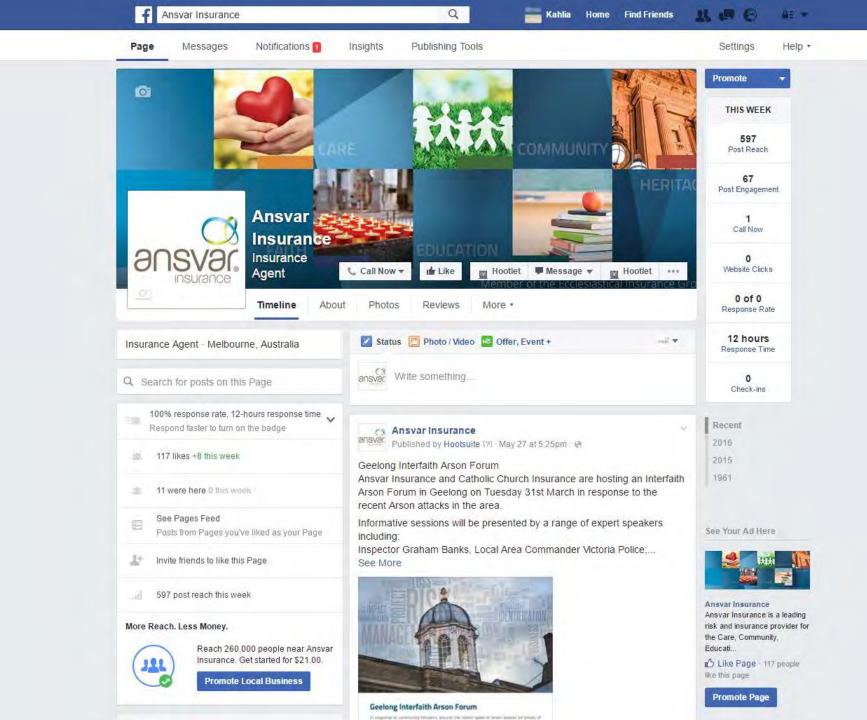
Downloads, Factsheets, Resources

Follow Ansvar on social media:





12 Sexual Abuse Questionnaire



Interfaith Arson Forum

PANEL

- Inspector Graham Banks Victoria Police
- Leading Senior Constable Andrew King Victoria Police
- Gregg Paterson Country Fire Authority
- Tony Field Country Fire Authority
- Jeff Maher Victoria Police (Retired)
- Stuart Stuart Victorian Council of Churches Emergency Ministry

Interfaith Arson Forum

CLOSE

Ross Castle

General Manager - Client, Catholic Church Insurance





Geelong Interfaith Arson Forum

31 May 2016